For over 16 years, our outstanding tennis staff has held fun and instructional tennis camps for players of all levels. At our camps we emphasize basic strokes (serve, groundstrokes, volleys), rules, scoring, footwork and game strategy. We work on both singles and doubles and run mini tournaments at the end of each session. Groups are organized by age and ability levels.

Coach John LaRose

Has been at Onondaga Community College for 24 years coaching intercollegiate tennis teams. He is a retired teacher from Onondaga Central (34 years). Coached high school tennis for 20 years with ten league championships. Former District 13 Director for the United States Tennis Association. Former tennis instructor for the Town of Onondaga and former Admissions Assistant at Onondaga Community College. Presently an adjunct Physical Education tennis instructor and Coordinator of all community-based tennis programs on campus. Coach LaRose was recently inducted into the National Tennis Coaches Hall of Fame and co-coached the 2008 NJCAA National Championship Men's Tennis Team.

Coach Jeff Lonczak

Former tennis player at Onondaga Community College. In his 4th year coaching at OCC. Graduate of Onondaga in business, attended the University of Delaware and completed studies with a bachelor's degree in business administration from Le Moyne College. He has coached men's and women's teams at Le Moyne College and was the assistant coach of the boys and girls teams at Manlius Pebble-Hill School. He is a certified referee and tennis umpire and was the NJCAA National Doubles Champion in 1999 and the NJCAA National Singles Champion in 2000 while attending Onondaga. He is recently completed a master's degree in education at SUNY Oswego and co-coached the 2008 NJCAA National Championship Men's Tennis Team.

Additional Staff:

The remainder of the staff will be made up of former New York state ranked players and members of our nationally ranked Onondaga Men's Tennis Team.

In case of inclement weather, camp will be moved indoors to OCC Gym or Pinegrove Tennis Club, Milton Ave., Camillus, NY. For more information, call 498-2654.

CAMP DATES

WEEK	SESSION
Week 1: June 27-July 1	A, B, C
Week 2: July 4-8	A, B, C
Week 3: July 11-15	A, B, C
Week 4: July 18-22	A, B, C
Week 5: July 25-29	A, B, C
Week 6: August 1-5 (High School Week)	A, B, C

Due to construction on campus, camps will be held at Santaro Park, Velasko Rd. in the town of Onondaga.

SESSIONS

Session A: 9 - 10:30 a.m.
Session B: 10:45 a.m. - 12:15 p.m.
Session C: 9 a.m. - 12:15 p.m.

FEE

$70 per week for either Session A or B

$140 per week for Session C

Fee includes camp t-shirt

Tiny Tots Tennis
Ages 4-6
8:30 - 9 a.m. (M-F)
Cost: $50 for any one week

For information about our junior and adult clinics, leagues and lessons, call 498-2654

Detach and return this completed application with medical waiver to:

Onondaga Community College Association, Inc.
Attn: Athletics Dept Camps & Clinics
4585 West Seneca Turnpike
Syracuse, NY 13215-4585

(315) 498-2654

Make checks payable to:
Onondaga Community College Association, Inc.

2011 Onondaga Lazers Tennis Camp Registration

Name: _____

Age: _____

Address: _____

_____

City/Zip: _____

Phone: _____

E-mail: _____

School: _____

Grade (as of Fall 2011): _____

Circle T-Shirt size: S M L XL XXL

Circle: Youth or Adult Size

Circle Session:

A (9 – 10:30 a.m.)

B (10:45 a.m. – 12:15 p.m.)

C (9 a.m. – 12:15 p.m.)

Circle Week: 1 2 3 4 5 6

Personal / Medical Information

Date of Birth:_____ Height: _____ Weight:_____

Date of last tetanus immunization: _____

Medications currently taking: _____

_____

Allergies to medicines or other allergies: _____

_____

Conditions that physicians should be aware of: _____

_____

Restrictions while participating: _____

_____

Insurance Company: _____

Policy Number: _____

Emergency Information (Contact in case of emergency)

Name: _____

Daytime Phone(s): _____

Family Doctor:_____

Phone:_____

Authorization

As the parent/guardian of the above named child, I give my child permission to participate in the 2011 Onondaga Lazers Tennis Camp. I also attest that I have adequate medical coverage, and I authorize any medical treatment for my child which may be advised or recommended by Camp personnel while my child is a participant in the Camp. I agree to indemnify Onondaga Community College, Onondaga Community College Association, Inc. and the County of Onondaga and its employees for any claim which may hereafter be presented by my child as a result of any injuries which may occur as a result of his/her participation. Finally, I understand that by his/her participation, my child agrees to all rules and regulations of the Onondaga Lazers Tennis Camp, as established by the Camp Director.

Parent / Guardian Signature:

_____

Date: _____

The total camp fee must accompany this application.

ONONDAGA
COMMUNITY COLLEGE

4585 West Seneca Turnpike
Syracuse, New York 13215-4585

place
postage
here

Summer 2011 Tennis Programs

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